

SFHCHS29

Support and enable individuals undergoing dialysis and their carers to carry out dialysis procedures



Overview

This standard covers supporting and enabling individuals undergoing dialysis and their carers to carry out dialysis procedures at home. This applies to all types of renal dialysis therapy. You are expected to give both routine and emergency help and advice. The routine support may be part of a structured training and education programme for individuals who are moving over to home therapy.

It is recognised within this standard that support and advice will always be given as part of an overall plan of care determined by professionals, including nurses, doctors and social workers within the care team.

Users of this standard will need to ensure that practice reflects up to date information and policies.

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Performance criteria

- You must be able to:*
- P1 apply standard precautions for infection prevention and control and other relevant health and safety measures
 - P2 check the individual's identity and confirm the planned activity
 - P3 give the individual relevant information, support and reassurance in a manner which is sensitive to their needs and concerns
 - P4 gain valid consent to carry out the planned activity
 - P5 establish with the individual and their carer how much assistance they require and encourage them to be as self-managing as possible consistent with the plan of care
 - P6 give the individual and/or their carer appropriate support and assistance to:
 - P6.1 prepare the necessary resources
 - P6.2 prepare the skin area
 - P6.3 clean their hands effectively
 - P7 answer any specific queries and questions from the individual and/or their carer accurately or seek advice from an appropriate member of the care team
 - P8 encourage the individual and/or their carer to carry out the activity using the correct technique at appropriate times according to the plan of care
 - P9 enable the individual and/or their carer to recognise progress and problems with the activity and either cease the activity or seek advice where necessary
 - P10 seek advice immediately from the appropriate professional if there are any indications which may signify the activity is no longer appropriate or there are adverse reactions
 - P11 enable the individual and/or their carer to dispose of waste materials, and understand the reasons for doing so, in an appropriate safe manner and place
 - P12 give full and accurate details of how to seek help in case of difficulties with dialysis to the individual and/or their carer in an appropriate manner, level and pace

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Knowledge and understanding

You need to know and understand:

- K1 the current European and National legislation, national guidelines, organisational policies and protocols in accordance with Clinical/Corporate Governance which affect your work practice in relation to supporting and enabling individuals undergoing dialysis and their carers to carry out dialysis procedures
- K2 your responsibilities and accountability in relation to the current European and National legislation, national guidelines and local policies and protocols and Clinical/Corporate Governance
- K3 the duty to report any acts or omissions in care that could be detrimental to yourself, other individuals or your employer
- K4 the importance of working within your own sphere of competence and seeking advice when faced with situations outside your sphere of competence
- K5 the importance of applying standard precautions to the supporting and enabling of individuals undergoing dialysis and their carers to carry out dialysis procedures at home and the potential consequences of poor practice
- K6 the importance of giving advice and information in a manner, level and pace which is appropriate for the individual and/or their carer
- K7 the roles of local health authorities and councils in the disposal of waste
- K8 what is hazardous and non-hazardous waste and how it can be disposed of safely
- K9 the effects of dependence and independence on the individual, their carers and the provision of the service in relation to carrying out dialysis procedures
- K10 the concerns which individuals may have in relation to their procedures and treatment
- K11 the contra-indications or adverse reactions to the procedures and how to explain these, and the actions they should take, to the individual/carer without causing undue alarm
- K12 the ways in which individuals can be helped to prepare for different activities, including holidays, changing the dialysis regime or route, and social events; the appropriate steps to take and the potential side effects
- K13 how the individual can adapt the treatment to their personal needs and lifestyle without compromising the treatment
- K14 how you can assist in reducing anxiety levels in an individual and/or carer when carrying out dialysis procedures
- K15 the equipment and materials needed to carry out dialysis at home and how to explain and demonstrate to the individual/carer:
 - K15.1 how and where to store them

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- K15.2 how to clean and maintain them
- K15.3 the specific precautions they should take in relation to preventing infection
- K15.4 how to use them correctly
- K15.5 the common problems they may encounter when carrying out dialysis at home and how they should deal with these
- K16 methods of assessing the ability of the individual/carer in carrying out dialysis procedures
- K17 how to provide constructive feedback to the individual/carer on any aspects of the dialysis procedures they need alter to ensure effective dialysis at home
- K18 the importance of keeping accurate and up to date records
- K19 the importance of encouraging the individual/carer to keep accurate notes on problems/issues they want to discuss with members of the care team
- K20 the importance of immediately reporting any issues which are outside your own sphere of competence without delay to the relevant member of staff

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Additional Information

External Links

This standard links with the following dimension within the NHS Knowledge and Skills Framework (October 2004):

Dimension: HWB4 Enablement to address health and wellbeing needs

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Suite Clinical Health Skills

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