**SOCIAL SERVICES AND WELL-BEING (WALES) ACT**

**EXERCISE**

**Well-being of Children**

Consider how you could assess the well-being of children. The table below contains a set of questions that map across to the definition of well-being and the national outcomes framework. Complete the table below giving examples for each element of well-being (adding to or amending the statements and questions given):

| **Element of well-being** | **Statements and Questions** |
| --- | --- |
| 1. Physical and mental health and emotional well-being | We all like to be as healthy as we can be. How do you do this? Do you have:   * People who support you to be healthy? * Someone who looks after you if you are sick or hurt? * Someone who gives you healthy food to eat? * Someone who keeps you clean? * Someone who talks to you about feelings? |
| 1. Protection from abuse and neglect | It is important to feel safe. We all need someone who helps us to feel safe and protected from harm. Do you have:  People who keep you safe?  Someone who protects you from danger?  Someone you can tell if you are frightened  or sad? |
| 1. Education, training and recreation | Every child should have opportunities to learn and people to encourage them to do their best. Do you have:  Someone who supports you to learn new things?  Someone who says ‘well done’ when you try your best?  Someone who helps you to try things on your own?  A favourite toy, game or thing to do? |
| 1. Domestic, family and personal relationships |  |
| 1. Contribution made to society |  |
| 1. Securing rights and entitlements |  |
| 1. Social and economic well-being |  |
| 1. Suitability of living accommodation |  |